



Daily Refreshment Breaks.

Monday/ Thursday -

Arrivals Snack -

Pastries

Fruit skewers

Freshly brewed tea/ coffee.

Mid Morning Snack -

Raspberry chocolate tiffin

Freshly brewed tea/ coffee.

Afternoon Break -

Blueberry mini muffin

Freshly brewed tea/ coffee.

Wednesday -

Arrival snack -

Compressed apple slices

Pastries

Freshly brewed tea/ coffee.

Mid Morning Snack -

Chocolate chip cookies

Freshly brewed tea/ coffee.

Afternoon Break -

Rhubarb flapjack - GF

Freshly brewed tea/ coffee.

Tuesday/Friday -

Arrival snack -

Chefs' seasonal smoothie of the day

Pastries

Freshly brewed tea/ coffee.

Mid Morning Snack -

Lemon and lavender cake

Freshly brewed tea/ coffee.

Afternoon Break -

Spiced shortbread

Freshly brewed tea/ coffee.